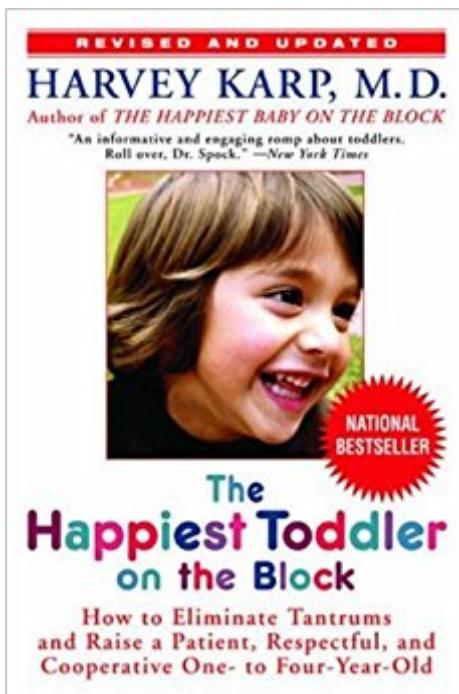


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The Happiest Toddler On The Block: How To Eliminate Tantrums And Raise A Patient, Respectful, And Cooperative One- To Four-Year-Old: Revised Edition



Synopsis

Perfect for expecting parents who want to prepare themselves for the challenging toddler years (which starts around eight months of age), this essential guide, a national bestseller by respected pediatrician and child development expert Dr. Harvey Karp, not only helps reduce tantrums but makes happy kids even happier by boosting patience, cooperation, and self-confidence. This streamlined revision of the breakthrough bestseller by renowned child-development expert Dr. Harvey Karp will do even more to help busy parents survive the “terrible twos” and beyond....In one of the most revolutionary advances in parenting of the past twenty-five years, Dr. Karp revealed that toddlers often act like uncivilized little cavemen, with a primitive way of thinking and communicating that is all their own. In this revised edition of his parenting classic, Dr. Karp has made his innovative approach easier to learn—and put into action—than ever before. Combining his trademark tools of Toddler-ese and the Fast-Food Rule with a highly effective new green light/yellow light/red light method for molding toddler behavior, Dr. Karp provides fast solutions for today’s busy and stressed parents. As you discover ways to boost your child’s good (green light) behavior, curb his annoying (yellow light) behavior, and immediately stop his unacceptable (red light) behavior you will learn how to soothe his stormy outbursts with amazing success—and better yet, prevent these outbursts before they begin! And the new thirty-item glossary of Dr. Karp’s parenting techniques will save you valuable time when you need to instantly calm an out-of-control child. The result: fewer tantrums, less yelling, and more happy, loving time for you and your child.

Book Information

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Customer Reviews

California-based pediatrician Karp offers a unique approach to the tantrums, melt-downs and overriding challenges that often accompany the demanding years from one to four. Viewing toddlers as primitive thinkers akin to prehistoric man, Karp divides his patients into developmental groups: the "Charming Chimp-Child" (12 to 18 months), the "Knee-High Neanderthal" (18 to 24 months), the "Clever Cave-Kid" (24 to 36 months) and the "Versatile Villager" (36 to 48 months). Parents may find the toddler years so frustrating, Karp suggests, because they don't speak their child's language. To deal effectively with the undeveloped brains of toddlers, one must understand "Toddler-ese," he says, a method of talking to youngsters that employs short phrases, repetition, a dramatic tone of voice and the use of body language. Although the author admits parents may feel foolish speaking in this manner, he nevertheless maintains that the approach soothes children by respecting their needs. Additionally, Karp offers suggestions for positive discipline (e.g., loss of privileges and time out) and guides parents through early expected milestones, while acknowledging that a child's individual temperament (e.g., easy, cautious, spirited) will uniquely influence the pace of his or her development. While some readers may find the relentless cave-kid metaphors irksome, Karp's gentle, easygoing tone is soothing and offers new hope and strategies to those who may have given up on making sense of the toddler years. Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. --This text refers to an out of print or unavailable edition of this title.

"Karp offers a unique approach to the tantrums, melt-downs and overriding challenges that often accompany the demanding years from one to four.... Soothing and offers new hope and strategies to those who may have given up on making sense of the toddler years." • Publishers Weekly "You want help? This is r-e-a-l help! *The Happiest Toddler on the Block* is one of the smartest parenting books of the past decade. Over and over, parents will find themselves proclaiming, "Thanks, Dr. Karp! Now I get it!" • Kyle Pruett, MD, Professor of Child Psychiatry, Yale University School of Medicine and author of *Fatherneed: Why Fathercare is as Essential as Mother Care for Your Child*" Dr. Karp's approach is terrific...and fun! His book will help parents, grandparents and everyone who cares for toddlers be more effective." • Martin Stein, MD, Professor of Pediatrics, University of California San Diego, Children's Hospital San Diego "Dr. Karp helps parents turn the "terrible" twos into "terrific" twos. His work will revolutionize the way our culture understands toddlers!" • Roni Cohen Leiderman, PhD, Associate Dean, Mailman Segal Institute for Early Childhood Studies, Nova Southeastern University "Dr. Karp

has done it again! Parents will find reading *The Happiest Toddler on the Block* a joyous adventure—*with pearls of wisdom waiting for them on every page.* •Morris Green, MD, Director, Behavioral Pediatrics, Indiana University, Riley Hospital for Children, editor, *Pediatric Diagnosis* •“Dr. Karp’s excellent approach gives parents the tools they need. His simple methods make raising rambunctious toddlers a whole lot easier.” •Steven Shelov, MD, Editor in chief of *American Academy of Pediatrics* •“*Caring for Your Baby and Young Child*” •“Dr. Karp’s new book is an innovative, unique and thoroughly enjoyable guide to toddler behavior!” •Donald Middleton, MD, Professor of Family Medicine, University of Pittsburgh School of Medicine. “Parents will be delighted by this clever approach to communicating with toddlers. It allows us to see the world from our children’s unique point of view.” •Janet Serwint, Professor of Pediatrics, Director of the Harriet Lane Children’s Clinic, Johns Hopkins School of Medicine “It really works! With great humor and a gentle touch, Dr. Karp shows how to raise happy, well-behaved toddlers. His book is invaluable.” •Gabrielle Redford, Senior Editor, *AARP The Magazine* (and mother of 17-month-old twins) From the Hardcover edition.

This should be required reading for every parent. So many behaviors can be fixed and avoided so easily if parents knew how and this book does just that!

We used techniques from Dr. Karp’s *Happiest Baby on the Block* with great success. This second resource has been no less helpful as our beautiful baby girl has grown into a precocious and amazing toddler. It is filled with tools any parent can begin using immediately. Use one, some or all of them and you will notice a difference. Just be consistent.

Harvey Karp does it again! I have read his *Happiest Baby* book, as well as his *Happiest Baby sleep* book, and they are both full of wise and useful information. The toddler book is great, and has so many discipline strategies and ideas that work, and that I never would have thought of on my own. He really teaches you how to respect your toddler, yet to be firm and consistent. The strategies have worked well for me—nothing is 100% all the time, but I promise you that this book is worth more than you paid for it. It really puts a toddler’s mind and behavior into perspective. Buy it!

Love this book and Harvey Karp. I started reading it when my son was 10 mo and I started using his techniques at 11 mo. I think the babies of parents who have read this book are much happier.

Toddler ease and fast food rule are amazing and so simple. My son responds to their use every time and the tantrum ends as soon as I use them.

A lot of common sense in here, but sometimes we need reminders to pause and think about what it must be like to be a toddler. The advice given here helps teach parents how to talk in a way that toddlers respond well to, rather than talking everything to death in frustration. I think it's a worthy read for parents who aren't sure how to best handle the challenges of raising a toddler, and who are searching for the best way to communicate with their child in a time where their receptive skills are so much better than their expressive ones.

I loved this book in concept but it does not work effectively with my daughter.

I like this book, I tried the method on my daughter and it really works I feel like she knows that I understand how she is feeling. She still cry and have tantrums but the duration is less than before reading the book. The book might seems repetitive but it worked for me that way I could get better at understand the methods.

It's a good book with really good insights and wisdom for dealing with people in general! Although directed towards dealing with toddlers. I don't personally like the style. I find it exhausting to constantly talk to my kid the way he suggests, but I do think its a good book and the style does work for a lot of people! And to some extent it works with my child. Depends on what personality your kid has though!

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